Fresh Jalapeño Sausage

This sausage is not terribly "hot"; the ingredients have been selected to highlight the flavor of the chili, not the heat! I personally like the flavor of this amount of chili, but you can add more...whatever floats your boat.

U.S.	Ingredient	Metric	Percent
4 lb.	Pork shoulder	1825.0 g	62.0
1 lb.	Cheese (cubed, small)*	455.0 g	16.0
10	Jalapeño pepper (seeded)	190.0 g	6.5
10 Tbs.	Onion powder	80.0 g	2.7
4 Tbs.	Cilantro (chopped, fresh)	60.0 g	2.0
½ cup.	Paprika	50.0 g	1.7
2 Tbs.	Salt	45.0 g	1.5
3 Tbs.	Sugar	40.0 g	1.4
2 Tbs.	Garlic powder	16.0 g	0.5
3/4 cup	Ice water	175.0 ml	6.0
Sheep (link sausage) casings			
6 lh	← Totals →	20 Va	100.0





Note: Powdered onion and garlic disperse their flavor evenly throughout the meat; Fresh can be substituted but adjust the weights!

This formulation is based on metric measures; U.S. measures are approximate!

METHOD:

- 1. Clean the fresh jalapeño of all seeds and inner membranes. [That's where the heat is found. Note: using canned or pickled jalapeño will not give the same taste!]
- 2. Keeping the meat as close to 38°F as possible, grind it [and the jalapeño] twice through a ½-in. plate.
- 3. Mix all dry ingredients; grind to a fine powder in a spice grinder.
- 4. Sprinkle dry ingredients into the ice water, pour over meat and mix well.
- 5. Add cheese and cilantro, distributing it evenly throughout the meat paste.
- 6. Stuff into sheep casings and braid in 4 inches. Links.
- 7. Since there is no preservative, refrigerate for no more than three days--or vacuum pack and freeze.

Giancarlo A. Poli – Copyright © (All rights reserved) Sonoma Mountain Sausage Company Sonoma, California - February 2007

^{*} Use high melt cheese: Cheddar or Jack