Greek Pork Sausage with Leek



(Ελληνικό Λουκάνικο με Πράσο)

(Ellinikó Loukániko me Práso)

U.S.	Ingredient	Metric
4.5 lb.	Pork shoulder, lean	2000.0 g
1.0 lb	Pork back fat	500.0 g
1 lb.	Leek, tender parts	500.0 g
¹/₃-lb	Red onion	125.0 g
½-cup	Ice cold water	125 ml
1.6 oz.	Salt, sea or Himalayan salt	45.0 g
2 tsp.	Pepper, black, fine ground	5.0 g
2 tsp.	Allspice, ground	5.0 g
2 tsp.	Oregano, dried	3.0 g
$1\frac{1}{2}$ -tsp.	Paprika, sweet, ground	2.5 g
1 tsp.	Cumin, ground	2.0g
	35mm Hog casings	



← Totals →

This formulation is based on metric measures; U.S. measures are approximate!

Method:

7 lb.

- 1. Chop the leek very finely into rounds.
- 2. Dice the red onion very finely by hand
- 3. Add leek, onion, salt and spices to a large container
- 4. Mix well all the above ingredients in the container with the ice water.
- 5. Grind the meat and fat coarsely or dice it into approx \(\frac{1}{4} \) inch pieces by hand

3.3 Kg

- 6. Then mix with the ground meat.
- 7. Stuff the sausages and tie off into 6-inch (15cm) lengths.
- 8. Allow to air dry at room temperature (winter) or fridge (summer) for 24 hours, then refrigerate.
- 9. Grill sausages over hot coals; sausage must be thoroughly cooked before eating.

PS: freezing them works well.

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Sonoma Mountain Sausage Company - Santa Rosa, California

