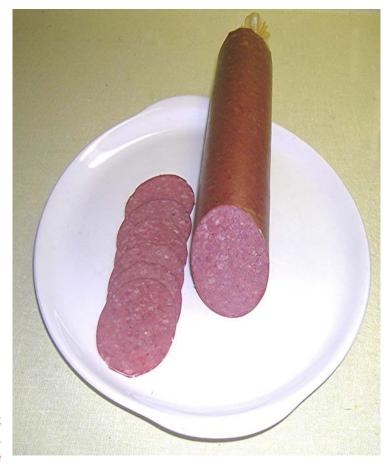
SMOKED BEEF SUMMER SAUSAGE

U.S.	Ingredient	Metric	Percent
$4\frac{1}{2}$ lb.	Beef chuck	2050.0 g	82.56
½ lb.	Beef trim (60% fat)	230.0 g	9.26
3/4 cup	NF Dry Milk	50.0 g	2.01
2 Tbs.	Salt	44.0 g	1.77
1½ Tbs.	Corn Syrup Solids	35.0 g	1.41
1 Tbs.	Liquid smoke	15.0 ml	0.60
4 tsp.	Dextrose	12.0 g	0.48
$2\frac{1}{2}$ tsp.	Phosphate	10.0 g	0.40
$2\frac{1}{2}$ tsp.	Soy protein	7.5 g	0.30
1 Tbs.	Paprika	6.5 g	0.26
1 tsp	Cure #1	6.0 g	0.24
½ tsp.	Garlic, minced fine	5.0 g	0.20
1¾ tsp.	Pepper, white, ground	4.5 g	0.18
³ ∕ ₄ tsp.	Ascorbic acid	3.5 g	0.14
2 tsp.	Mustard seed, crushed	1.5 g	0.06
½ tsp	Celery seed	1.0 g	0.04
½ tsp.	Coriander, ground	1.0 g	0.04
¹⁄₄ tsp.	Nutmeg, ground	0.5 g	0.02
-	2 ¹ / ₄ " collagen casings	_	
5½ lb.	← Totals →	2.5 kg	100%



Note: Use metric weight & volume measurement for better control of ingredients. The U.S. measurements are an approximation of the metric measurements.

Method:

- 1. Trim and cube the beef. (Add the trimmings to the trim meat).
- 2. Cube the trim and mix with the prepared beef
- 3. Grind the meats through a small (6.5mm or 1/4") plate and then regrind again.
- 4. Mix the cure, salt, and phosphate together and mix it into the meats and mix until the paste become tacky or sticky.
- 5. Add the smoke, spices and remaining dry ingredients to the meats and mix well.
- 6. Stuff into collagen (or fibrous) casings.
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- 8. Place in 130°F smoker and smoke for 4 hours
- 9. Raise the temperature to 180°F, continue applying smoke and hold at this temperature until an internal temperature of 160°F is reached.
- 10. Remove from smoker and cold shower (or ice bath) immediately until internal temperature is reduced to 90°F.
- 11. Place under refrigeration for at last 5 hours before slicing.

Recipe by: Len Poli - Sonoma, California Copyright © (All rights reserved) - March 2005